

2025 HIGH SCHOOL GAMES-TIMING PROCEDURES

TIMING FACTORS FOR ALL GAMES: JV and Varsity

- Clock stops on every whistle in the last minute of each quarter **ONLY FOR A FOUL IN THE CSA.**
- If the goal differential is 10 or more goals, the clock will continue to run in the last minute for each quarter.
- If the score becomes less than 10 goals, the clock stops on every whistle in the last minute of each quarter **only for a foul in the CSA.** If time runs out prior to the complete administration of a free position, **then it shall not be administered.**

VARSITY TIMING - ALL PLAY STOPPED CLOCK AFTER GOALS

- Four 12-minute quarters. 2-minute quarter breaks. Halftime NOT TO EXCEED 10 minutes
- Stop clock after goals **EXCEPTION:** if there is a 10 or more goal differential, clock will run after goals (review above)

JV TIMING – REVIEW LIST OF SCHOOLS

- Four quarters (see timing below). 2-minute quarter breaks. 5-minute halftime
- 7 v 7 – some JV teams will play reduced numbers. They are allowed to reduce playing time to 15 minutes halves running clock, or four, 10-min quarters if they would like. This will allow them a few more breaks.

SCHOOLS THAT PLAY 10-MINUTE RUNNING CLOCK FOR JV:

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| • Battlefield | • Freedom-SR | • John Champe | • Potomac Falls |
| • Bishop Ireton | • Forest Park | • Kipp | • Riverside |
| • Bishop McNamara | • Garfield | • Loudoun County | • Rock Ridge |
| • Bishop O'Connell | • Gainesville | • Loudoun Valley | • Stone Bridge |
| • Briar Woods | • Good Counsel | • Lightridge | • Tuscarora |
| • Broad Run | • Heritage | • Osbourn | • Wakefield |
| • Colgan | • Holy Cross | • Osbourn Park | • Wash-Liberty |
| • Dominion | • Hylton | • Park View | • Woodgrove |
| • Elizabeth Seton | • Independence | • JP the Great | • Unity Reed |
| | | | • Yorktown |

SCHOOLS THAT PLAY 10-MINUTE STOPPED CLOCK FOR JV ONLY FAIRFAX

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|----------------|-----------------|----------------|--------------------|
| • Annandale | • Herndon | • Marshall | • South Lakes |
| • Centerville | • Jefferson | • McLean | • T.C Williams |
| • Chantilly | • Justice | • Meridan | • Thomas Jefferson |
| • Edison | • Langley | • Mount Vernon | • Westfield |
| • Fairfax | • Lake Braddock | • Oakton | • West Potomac |
| • Falls Church | • Lewis | • Robinson | • West Springfield |
| • Hayfield | • Madison | • South County | • Woodson |

SCHOOLS THAT PLAY 12-MINUTE RUNNING CLOCK AFTER GOALS FOR JV ISL ONLY

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| • Bullis | • Georgetown Visi | • Maret | • St, Andrews |
| • Episcopal | • Holton Arms | • Nat. Cathedral | • SSSA |
| • Flint Hill | • Holy Child | • Potomac | • Stone Ridge |
| • Georgetown Day | • Madeira | | |